

**GLADES SPRING SPA**

**Winter-2009**

**Roasted Pumpkin Soup \$9**

Toasted pepitos

**Carrot Apple Ginger Juice \$5**

Detoxify your body and mind with this fresh squeezed juice

**Roasted Portobello Mushroom Sandwich \$12**

Chevre cheese, mama lil's peppers, grilled red onions and olive tapenade

**Grilled Chicken Breast \$12**

Herbed polenta, pear apple chutney, roasted roma tomato

**Salmon Gravlox \$16**

Black truffle scented beluga lentils, crisp haricot verts, nicoise olive vinaigrette, and cracker bread

**Charcuterie Plate \$16**

Assortment of domestic and artisan cheeses, sliced cured meats, grain mustard, cornichons

**Pear and Apple Granola Parfait \$8**

Fresh fruit, house made granola and honey sweetened organic yogurt