

GLADES SPRING SPA

Winter-2009

Roasted Pumpkin Soup \$9

Toasted pepitos

Carrot Apple Ginger Juice \$5

Detoxify your body and mind with this fresh squeezed juice

Roasted Portobello Mushroom Sandwich \$12

Chevre cheese, mama lil's peppers, grilled red onions and olive tapenade

Grilled Chicken Breast \$12

Herbed polenta, pear apple chutney, roasted roma tomato

Salmon Gravlox \$16

Black truffle scented beluga lentils, crisp haricot verts, nicoise olive vinaigrette, and cracker bread

Charcuterie Plate \$16

Assortment of domestic and artisan cheeses, sliced cured meats, grain mustard, cornichons

Pear and Apple Granola Parfait \$8

Fresh fruit, house made granola and honey sweetened organic yogurt